



# 2012 Washington Track and Field

## Men's Best Marks

Updated through 6/9/12

- For indoor events, NCAA standards are listed for Banked or Over 200m tracks.
- Wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

| 60 Meters (Ind) | NCAA: 6.60 |        |
|-----------------|------------|--------|
| James Alaka     | 6.83       | (2/11) |
| Ryan Hamilton   | 6.95       | (2/24) |
| Matt Anthony    | 7.00       | (2/24) |
| Ken Egu         | 7.04       | (3/3)  |
| James Johnson   | 7.27       | (2/11) |
| Shayne Moore    | 7.35       | (2/11) |

| 100 Meters (Out) |        |        |
|------------------|--------|--------|
| * James Alaka    | 10.22  | (5/13) |
| Ryan Hamilton    | 10.51W | (5/5)  |
|                  | 10.59  | (4/20) |
| Matt Anthony     | 10.82w | (4/20) |
|                  | 10.85  | (4/28) |

| 200 Meters (Out) |       |        |
|------------------|-------|--------|
| * James Alaka    | 20.45 | (5/13) |
| Maurice McNeal   | 21.32 | (3/24) |
| Ryan Hamilton    | 21.49 | (4/28) |
| Matt Anthony     | 21.93 | (4/28) |

| 200 Meters (Ind) | NCAA: 20.73 |        |
|------------------|-------------|--------|
| Maurice McNeal   | 21.40       | (2/10) |
| James Alaka      | 21.47       | (2/4)  |
| Ryan Hamilton    | 21.95       | (2/24) |
| Matt Anthony     | 22.30       | (2/24) |
| Colton Dunn      | 22.57       | (1/27) |
| Sam Rucker       | 22.95       | (1/27) |

| 400 Meters (Out) |       |        |
|------------------|-------|--------|
| * Maurice McNeal | 46.59 | (5/13) |
| Sam Rucker       | 48.32 | (4/28) |
| James Alaka      | 48.95 | (3/24) |
| Derrick Daigre   | 50.70 | (4/20) |

| 400 Meters (Ind) | NCAA: 46.00 |        |
|------------------|-------------|--------|
| Maurice McNeal   | 46.69       | (2/25) |
| Dan Sanders      | 48.72       | (2/11) |
| Sam Rucker       | 49.31       | (2/25) |
| Miles Timpe      | 50.49       | (2/11) |

| 800 Meters (Out)   |         |        |
|--------------------|---------|--------|
| Derrick Daigre     | 1:51.41 | (4/28) |
| Charlie Williams   | 1:51.49 | (4/20) |
| Kyle Blume         | 1:51.61 | (5/5)  |
| Brad Whitley       | 1:51.77 | (5/12) |
| Michael Miller Jr. | 1:51.87 | (4/20) |
| Sean Krinik        | 1:52.11 | (4/28) |
| Meron Simon        | 1:52.26 | (4/20) |
| Gareth Gilna       | 1:55.34 | (4/7)  |

| 800 Meters (Ind)   | NCAA: 1:47.30 |        |
|--------------------|---------------|--------|
| Michael Miller Jr. | 1:49.61       | (3/3)  |
| Kyle Blume         | 1:51.50       | (2/11) |
| Ryan Soberanis     | 1:51.53       | (1/28) |
| Sean Krinik        | 1:51.89       | (2/11) |
| Joey Bywater       | 1:52.06       | (1/28) |
| Brad Whitley       | 1:52.27       | (3/3)  |
| Dan Sanders        | 1:52.66       | (3/3)  |
| Charlie Williams   | 1:52.69       | (1/28) |
| Derrick Daigre     | 1:54.25       | (1/28) |
| Taylor Hughes      | 1:55.06       | (2/11) |
| Miles Timpe        | 1:58.82       | (3/3)  |

| 1,500 Meters (Out) |         |        |
|--------------------|---------|--------|
| * Ryan Soberanis   | 3:46.94 | (4/7)  |
| Joey Bywater       | 3:47.31 | (5/12) |
| Meron Simon        | 3:50.23 | (4/19) |
| Charlie Williams   | 3:50.48 | (3/24) |
| Tyler King         | 3:51.24 | (3/24) |
| Brad Whitley       | 3:51.38 | (3/24) |
| Kyle Blume         | 3:51.79 | (4/19) |
| Michael Miller Jr. | 3:52.63 | (4/19) |
| Taylor Carlson     | 4:03.51 | (4/28) |

| Mile (Ind)   | NCAA: 3:57.90 |        |
|--------------|---------------|--------|
| Joey Bywater | 4:01.21       | (2/11) |

|                    |         |        |
|--------------------|---------|--------|
| Ryan Soberanis     | 4:02.32 | (2/11) |
| Meron Simon        | 4:04.54 | (3/3)  |
| Michael Miller Jr. | 4:05.85 | (2/25) |
| Gareth Gilna       | 4:10.93 | (1/28) |
| Tyler King         | 4:11.35 | (3/3)  |
| Brad Whitley       | 4:11.50 | (1/28) |
| Kyle Blume         | 4:11.97 | (1/28) |
| Kyle Rae           | 4:15.77 | (2/11) |
| Dylan Morin        | 4:17.95 | (3/3)  |

| 3,000 Meters (Out) |         |        |
|--------------------|---------|--------|
| Aaron Beattie      | 8:39.14 | (4/28) |
| Tyler King         | 8:41.27 | (4/28) |
| Bryan Tibaduiza    | 9:03.82 | (4/28) |

| 3,000 Meters (Ind) | NCAA: 7:52.30 |        |
|--------------------|---------------|--------|
| Joey Bywater       | 8:03.83       | (2/25) |
| Rob Webster Jr.    | 8:09.12       | (1/28) |
| Tyler King         | 8:11.48       | (2/25) |
| Aaron Beattie      | 8:14.84       | (2/11) |
| Meron Simon        | 8:16.35       | (1/28) |
| Bryan Tibaduiza    | 8:24.69       | (2/11) |
| Aaron Nelson       | 8:26.91       | (1/28) |
| Dylan Morin        | 8:30.90       | (2/11) |
| Kevin Mangan       | 8:40.01       | (3/3)  |
| Kyle Rae           | 8:45.35       | (1/28) |

| 3,000 Meter Steeplechase (Out) |         |        |
|--------------------------------|---------|--------|
| Michael Miller Jr.             | 9:03.20 | (4/28) |
| Meron Simon                    | 9:12.78 | (3/24) |

| 5,000 Meters (Out) |          |        |
|--------------------|----------|--------|
| Tyler King         | 14:18.92 | (4/20) |
| Aaron Beattie      | 14:29.66 | (4/7)  |
| Taylor Carlson     | 15:35.52 | (4/7)  |

| 5,000 Meters (Ind) | NCAA: 13:44.60 |        |
|--------------------|----------------|--------|
| Rob Webster Jr.    | 13:55.16       | (2/24) |
| Aaron Beattie      | 14:16.80       | (2/24) |
| Bryan Tibaduiza    | 15:01.93       | (2/24) |
| Kevin Mangan       | 15:38.02       | (2/10) |

| 10,000 Meters (Out) |          |        |
|---------------------|----------|--------|
| Aaron Beattie       | 30:20.49 | (4/19) |

| 60 Meter Hurdles (Ind) | NCAA: 7.70 |        |
|------------------------|------------|--------|
| Shayne Moore           | 8.28       | (3/3)  |
| Howard Lao             | 8.55       | (1/14) |
| James Johnson          | 8.63       | (1/28) |
| Miles Timpe            | 8.81       | (1/28) |

| 110 Meter Hurdles (Out) |        |        |
|-------------------------|--------|--------|
| Shayne Moore            | 14.75  | (4/20) |
| Miles Timpe             | 15.76w | (4/7)  |
|                         | 15.98  | (4/28) |

| 400 Meter Hurdles (Out) |       |        |
|-------------------------|-------|--------|
| Dan Sanders             | 53.14 | (4/20) |
| Miles Timpe             | 53.49 | (5/12) |

| 4x100 Meter Relay (Out)        |       |        |
|--------------------------------|-------|--------|
| * Rucker/Alaka/McNeal/Hamilton | 39.98 | (5/26) |
| Anthony/Alaka/McNeal/Hamilton  | 40.13 | (3/24) |
| Anthony/Alaka/Rucker/Hamilton  | 40.23 | (4/28) |

| 4x400 Meter Relay (Out)               |         |        |
|---------------------------------------|---------|--------|
| * Rucker/McNeal/Alaka/Timpe           | 3:10.36 | (5/13) |
| Sanders/Rucker/Timpe/Daigre           | 3:15.39 | (4/7)  |
| Timpe/Rucker/Whitley/Daigre           | 3:16.53 | (4/28) |
| Whitley/Williams/Soberanis/Miller Jr. | 3:24.01 | (3/24) |

| 4x400 Meter Relay (Ind)        | NCAA: 3:06.50 |        |
|--------------------------------|---------------|--------|
| Rucker/Sanders/Alaka/McNeal    | 3:10.64       | (2/25) |
| Alaka/Sanders/Dunn/McNeal      | 3:12.59       | (2/4)  |
| Timpe/Rucker/Whitley/Soberanis | 3:20.23       | (1/14) |
| Rucker/Timpe/Daigre/Soberanis  | 3:21.59       | (1/28) |

| Dist. Medley Relay (Ind)            | NCAA: 9:31.00 |       |
|-------------------------------------|---------------|-------|
| \$ Soberanis/McNeal/Whitley/Bywater | 9:31.68       | (3/2) |

|                                 |         |        |
|---------------------------------|---------|--------|
| Williams/McNeal/Whitley/Bywater | 9:41.17 | (1/27) |
|---------------------------------|---------|--------|

| High Jump (Out) |                |        |
|-----------------|----------------|--------|
| * A.J. Maricich | 7-2 1/2 (2.20) | (5/26) |
| Chase Walker    | 6-5 (1.96)     | (4/28) |
| Clayton Johnson | 6-2 (1.88)     | (4/7)  |

| High Jump (Ind) | NCAA: 7-4 1/4 (2.24) |        |
|-----------------|----------------------|--------|
| A.J. Maricich   | 6-11 1/2 (2.12)      | (2/25) |

| Pole Vault (Out) |                  |        |
|------------------|------------------|--------|
| * J.J. Juilfs    | 17-10 1/4 (5.44) | (5/12) |
| Robby Fegles     | 17-2 3/4 (5.25)  | (4/20) |
| Alex Neshyba     | 15-3 1/2 (4.66)  | (4/28) |

| Pole Vault (Ind) | NCAA: 18-0 1/2 (5.50) |        |
|------------------|-----------------------|--------|
| J.J. Juilfs      | 17-8 1/4 (5.39)       | (3/3)  |
| Robby Fegles     | 17-1 3/4 (5.23)       | (2/11) |
| Alex Neshyba     | 15-5 (4.70)           | (2/12) |

| Long Jump (Out) |                  |        |
|-----------------|------------------|--------|
| Julian Bardwell | 23-11 (7.29)w    | (4/21) |
|                 | 23-6 3/4 (7.18)  | (5/5)  |
| Kasen Covington | 23-3 1/2 (7.10)w | (4/21) |
|                 | 22-11 1/4 (6.99) | (4/28) |
| Thomas Kmett    | 21-0 1/2 (6.41)  | (4/28) |

| Long Jump (Ind) | NCAA: 26-3 (8.00) |        |
|-----------------|-------------------|--------|
| Julian Bardwell | 23-7 1/2 (7.20)   | (3/3)  |
| Kasen Covington | 22-10 1/2 (6.97)  | (2/24) |
| Thomas Kmett    | 20-10 1/2 (6.36)  | (1/14) |
| Warren Woods    | 19-8 3/4 (6.01)   | (1/28) |

| Triple Jump (Out) |                   |        |
|-------------------|-------------------|--------|
| * Kasen Covington | 50-3 1/4 (15.32)  | (4/28) |
| Clayton Johnson   | 47-10 1/2 (14.59) | (4/28) |
| Thomas Kmett      | 47-4 1/2 (14.44)  | (5/5)  |
| Julian Bardwell   | 46-8 3/4 (14.24)  | (5/13) |

| Triple Jump (Ind) | NCAA: 53-5 3/4 (16.30) |        |
|-------------------|------------------------|--------|
| Kasen Covington   | 48-5 1/2 (14.77)       | (2/25) |
| Clayton Johnson   | 47-1 (14.35)           | (2/25) |
| Thomas Kmett      | 45-8 (13.92)           | (2/12) |
| Julian Bardwell   | 45-3 1/2 (13.80)       | (1/28) |

| Shot Put (Out) |                  |        |
|----------------|------------------|--------|
| Danny Shelton  | 50-9 1/2 (15.48) | (3/24) |
| Conner Larned  | 41-8 1/2 (12.71) | (4/28) |

| Shot Put (Ind) | NCAA: 63-6 (19.35) |        |
|----------------|--------------------|--------|
| Danny Shelton  | 51-3 1/2 (15.63)   | (2/25) |

| Discus (Out)  |               |        |
|---------------|---------------|--------|
| Conner Larned | 161-6 (49.23) | (4/7)  |
| Angus Taylor  | 157-9 (48.08) | (4/28) |

| Hammer (Out)   |               |        |
|----------------|---------------|--------|
| * Angus Taylor | 204-2 (62.23) | (4/28) |
| Conner Larned  | 171-0 (52.13) | (3/23) |

| Weight (Ind)  | NCAA: 70-6 1/2 (21.50) |        |
|---------------|------------------------|--------|
| Angus Taylor  | 62-7 3/4 (19.09)       | (2/24) |
| Conner Larned | 55-1 (16.79)           | (1/14) |

| Javelin (Out)    |                |        |
|------------------|----------------|--------|
| * Jimmy Brookman | 233-11 (71.29) | (5/24) |
| * Joe Zimmerman  | 233-1 (71.04)  | (4/20) |
| * Quinn Hale     | 222-3 (67.74)  | (4/28) |
| * Curtis Clauson | 218-6 (66.61)  | (4/20) |

| Heptathlon (Ind) | NCAA: 5,750 |  |
|------------------|-------------|--|
|------------------|-------------|--|

| Decathlon (Out) |  |  |
|-----------------|--|--|
|-----------------|--|--|

Key:  
 \* NCAA championship meet competitors underlined  
 + NCAA Outdoor Preliminary Round participant  
 @ NCAA automatic qualifying mark

\$ Washington school record  
w Wind-aided mark between 2.0-4.0 mps  
W Wind-aided mark greater than 4.0 mps

Jan. 14 UW Indoor Preview, Seattle  
Jan. 21 National Pole Vault Summit, Reno, Nev.  
Jan. 28 UW Invitational, Seattle  
Feb. 3 Vandal Indoor, Moscow, Idaho  
Feb. 4 Bronco Classic, Nampa, Idaho  
Feb. 10-11 Flotrack Husky Classic, Seattle  
Feb. 12 UW Indoor Open, Seattle  
Feb. 24-25 MPSF Championships, Seattle  
Mar. 2-3 Alex Wilson Invitational, South Bend, Ind.  
Mar. 3 UW Final Qualifier, Seattle  
Mar. 9-10 NCAA Indoor Championships, Nampa, Idaho  
Mar. 23-24 USC Trojan Invitational, Los Angeles, Calif.  
Mar. 24 CNW Spring Break Open, Seattle  
Apr. 7 Pepsi Team Invitational, Eugene, Ore.  
Apr. 7 J.D. Shotwell Invitational, Tacoma, Wash.  
Apr. 19-21 Mt. SAC Relays, Walnut, Calif.  
Apr. 20-21 Beach Invitational, Norwalk, Calif.  
Apr. 28 UW-WSU Dual, Pullman, Wash.  
May 5 Oregon Twilight Meet, Eugene, Ore.  
May 12-13 Pac-12 Championships, Eugene, Ore.  
May 24-26 NCAA West Preliminary Championships, Austin, Texas  
June 6-9 NCAA Outdoor Championships, Des Moines, Iowa

# Men’s Postseason Summaries

## MPSF Indoor Championships (Seattle, Wash.; Feb. 24-25)

**Team Scoring:** 1. Arizona State 131.50; 2. Stanford 81.50; 3. Oregon 77; 4. Arizona 70; 5. BYU 67; 6. Washington State 61; 7. UCLA 49; 8. Washington 37.50; 9. Long Beach State 31; 10. California 26.50; 11. Colorado 22; 12. Cal State Northridge 9.

**UW Scorers:**

|           |                                  |                       |          |
|-----------|----------------------------------|-----------------------|----------|
| 2nd       | Angus Taylor                     | Weight Throw          | 62-7 3/4 |
| 3rd       | Maurice McNeal                   | 400m                  | 46.69    |
| 3rd (tie) | J.J. Juilfs                      | Pole Vault            | 17-1 3/4 |
| 4th       | Soberanis/McNeal/Whitley/Bywater | Distance Medley Relay | 9:35.06  |
| 5th       | Rucker/Sanders/Alaka/McNeal      | 4x400m Relay          | 3:10.64  |
| 6th       | A.J. Maricich                    | High Jump             | 6-11 1/2 |
| 7th       | James Alaka                      | 60m                   | 6.91     |
| 7th       | Rob Webster Jr.                  | 5,000m                | 13:55.16 |
| 8th       | Meron Simon                      | Mile                  | 4:05.24  |
| 8th       | Shayne Moore                     | 60m Hurdles           | 8.57     |

## NCAA Indoor Championships (Nampa, Idaho; Mar. 9-10)

**Team Scoring (Top-25):** 1. Florida 52; 2. Arkansas 47; 3. Arizona 41; 4. Arizona State 31; 5. LSU 27; 6. Indiana 25; 7. Texas 22.50; 8. Virginia Tech 22; 8. Texas A&M 22; 8. Florida State 22; 11. Stanford 21; 12. Notre Dame 15; 13. Illinois 13; 14. BYU 12; 15. Iowa 11; 15. Southern Utah 11; 15. New Mexico 11; 18. Minnesota 10; 18. Syracuse 10; 18. Tulsa 10; 18. Duke 10; 22. Mississippi State 9.50; 23. Nebraska 9; 23. Georgia 9; 23. Oral Roberts 9.

**UW Participants:**

|      |                                    |                       |          |
|------|------------------------------------|-----------------------|----------|
| 10th | Soberanis/McNeal/Whitley/Bywater** | Distance Medley Relay | 10:02.96 |
| 17th | J.J. Juilfs***                     | Pole Vault            | 17-0 3/4 |

\*\* Earned All-America Second Team honors      \*\*\* Earned All-America honorable mention

## Pac-12 Championships (Eugene, Ore.; May 12-13)

**Team Scoring:** 1. Oregon 140; 2. Arizona State 116.50; 3. Arizona 94; 4. UCLA 86; 5. Washington 78; 5. Stanford 78; 7. USC 74; 8. Washington St. 56.50; 9. Colorado 48; 10. California 44; 11. Oregon State 4

**UW Scorers:**

|           |                              |              |           |
|-----------|------------------------------|--------------|-----------|
| 1st       | James Alaka                  | 200m         | 20.45     |
| 1st       | J.J. Juilfs                  | Pole Vault   | 17-10 1/4 |
| 2nd       | James Alaka                  | 100m         | 10.22     |
| 2nd       | Joe Zimmerman                | Javelin      | 231-10    |
| 2nd (tie) | A.J. Maricich                | High Jump    | 7-1 1/2   |
| 3rd       | Maurice McNeal               | 400m         | 46.59     |
| 4th       | Rucker/Alaka/McNeal/Hamilton | 4x100m Relay | 40.43     |
| 4th       | Robby Fegles                 | Pole Vault   | 16-10 1/4 |
| 4th       | Quinn Hale                   | Javelin      | 218-5     |
| 5th       | Rucker/McNeal/Alaka/Timpe    | 4x400m Relay | 3:10.36   |
| 5th       | Angus Taylor                 | Hammer Throw | 193-8     |
| 5th       | Jimmy Brookman               | Javelin      | 217-11    |
| 7th       | Curtis Clauson               | Javelin      | 208-3     |

## NCAA West Preliminary Championships (Austin, Texas; May 24-26)

**UW Participants:**

|            |                               |              |          |
|------------|-------------------------------|--------------|----------|
| 1st        | J.J. Juilfs*                  | Pole Vault   | 17-8 1/2 |
| 4th        | A.J. Maricich*                | High Jump    | 7-2 1/2  |
| 5th        | James Alaka*                  | 100m         | 10.22    |
| 5th        | Jimmy Brookman*               | Javelin      | 233-11   |
| 7th        | James Alaka*                  | 200m         | 20.61    |
| 12th       | Rucker/Alaka/McNeal/Hamilton* | 4x100m Relay | 39.98    |
| 15th       | Angus Taylor                  | Hammer       | 198-1    |
| 15th       | Quinn Hale                    | Javelin      | 215-1    |
| 20th       | Maurice McNeal                | 400m         | 46.95    |
| 21st       | Rucker/McNeal/Alaka/Timpe     | 4x400m Relay | 3:11.73  |
| 24th       | Joe Zimmerman                 | Javelin      | 206-7    |
| 32nd       | Curtis Clauson                | Javelin      | 193-10   |
| 37th       | Kasen Covington               | Triple Jump  | 48-5 1/2 |
| 38th (tie) | Robby Fegles                  | Pole Vault   | 16-2 3/4 |
| 45th       | Ryan Soberanis                | 1,500m       | 4:10.11  |

\* Advanced to NCAA Championships final site

## NCAA Outdoor Championships (Des Moines, Iowa; June 6-9)

**Team Scoring (Top-25):** 1. Florida 50.00; 2. LSU 48.00; 3. Texas A&M 40.00; 4. Florida State 38.00; 5. Virginia Tech 33.00; 6. Auburn 30.00; 7. Arizona 27.00; 8. Arkansas 26.00; 9. Texas 22.00; 9. Oregon 22.00; 11. USC 20.00; 11. Illinois 20.00; 11. Southern Utah 20.00; 11. Nebraska 20.00; 11. Indiana 20.00; 16. Arizona State 18.00; 17. UCLA 17.00; 18. Stanford 16.00; 18. Texas Tech 16.00; 20. Oral Roberts 15.00; 21. Penn State 13.00; 21. BYU 13.00; 23. Ohio State 12.00; 23. Kansas State 12.00; 23. Iowa 12.00; 23. Kansas 12.00.

**UW Participants:**

|      |                                 |              |          |
|------|---------------------------------|--------------|----------|
| 13th | J.J. Juilfs**                   | Pole Vault   | 17-4 1/2 |
| 15th | Jimmy Brookman**                | Javelin      | 225-9    |
| 19th | Rucker/Alaka/McNeal/Hamilton*** | 4x100m Relay | 40.09    |
| 23rd | A.J. Maricich***                | High Jump    | 6-10 3/4 |
| 21st | James Alaka***                  | 100m         | 10.34    |
| 24th | James Alaka***                  | 200m         | 21.24    |

\*\* Earned All-America Second Team honors      \*\*\* Earned All-America honorable mention



# 2012 Washington Track and Field

## Women's Best Marks

Updated through 6/29/12

• For indoor events, NCAA standards are listed for Banked or Over 200m tracks.  
• Wind-aided marks above 4.0 mps (W) are not accepted for NCAA qualifying.

| 60 Meters (Ind) | NCAA: 7.23 |       |
|-----------------|------------|-------|
| Haley Jacobson  | 7.75       | (3/3) |

| 100 Meters (Out) |        |        |
|------------------|--------|--------|
| Haley Jacobson   | 11.95w | (5/12) |
|                  | 12.03  | (4/28) |
| Bianca Greene    | 12.40  | (4/28) |

| 200 Meters (Out) |       |        |
|------------------|-------|--------|
| Jordan Carlson   | 24.55 | (3/24) |
| Bianca Greene    | 24.80 | (5/12) |
| Haley Jacobson   | 25.33 | (4/7)  |
| Sarah Schireman  | 25.91 | (5/5)  |
| Shelby Williams  | 25.96 | (5/5)  |

| 200 Meters (Ind) | NCAA: 23.12 |        |
|------------------|-------------|--------|
| Gianna Woodruff  | 25.32       | (3/3)  |
| Shelby Williams  | 26.59       | (2/12) |
| Johanna Carr     | 26.66       | (1/28) |
| Jaleecia Roland  | 26.92       | (2/12) |

| 400 Meters (Out) |       |        |
|------------------|-------|--------|
| * Jordan Carlson | 53.03 | (5/13) |
| Michelle Fero    | 56.21 | (4/28) |
| Alisha Oden      | 58.19 | (4/28) |

| 400 Meters (Ind)  | NCAA: 52.60 |        |
|-------------------|-------------|--------|
| \$ Jordan Carlson | 54.67       | (2/25) |
| Kayla Stueckle    | 56.11       | (2/25) |
| Laura Schmitt     | 57.06       | (3/3)  |
| Michelle Fero     | 57.27       | (3/3)  |
| Gianna Woodruff   | 57.93       | (1/28) |
| Alisha Oden       | 58.27       | (2/11) |
| Bianca Greene     | 59.02       | (3/3)  |
| Skye Atchley      | 59.86       | (2/12) |
| Elaine Tran       | 61.60       | (1/28) |

| 800 Meters (Out)  |         |        |
|-------------------|---------|--------|
| Katie Flood       | 2:07.33 | (4/7)  |
| Baylee Mires      | 2:09.39 | (4/7)  |
| Chelsea Orr       | 2:10.19 | (4/20) |
| Eleanor Fulton    | 2:10.76 | (4/7)  |
| Mackenzie Carter  | 2:11.06 | (4/20) |
| Chloe Curtis      | 2:12.65 | (5/5)  |
| Christine Babcock | 2:13.29 | (4/20) |
| Nikki Codd        | 2:20.67 | (4/28) |
| Shelby Williams   | 2:22.25 | (5/6)  |
| Sarah Schireman   | 2:25.66 | (5/6)  |

| 800 Meters (Ind)  | NCAA: 2:04.50 |        |
|-------------------|---------------|--------|
| Baylee Mires      | 2:09.57       | (2/11) |
| Justine Johnson   | 2:10.10       | (1/28) |
| Laura Schmitt     | 2:12.61       | (2/25) |
| Skye Atchley      | 2:12.96       | (3/3)  |
| Christine Babcock | 2:13.80       | (1/28) |
| Chloe Curtis      | 2:16.86       | (2/11) |
| Alisha Oden       | 2:18.37       | (3/3)  |
| Amy Before        | 2:19.06       | (1/28) |
| Michelle Fero     | 2:19.39       | (2/12) |
| Shelby Williams   | 2:28.09       | (2/24) |
| Sarah Schireman   | 2:30.66       | (2/24) |
| Jaleecia Roland   | 2:51.30       | (1/27) |

| 1,500 Meters (Out)  |         |        |
|---------------------|---------|--------|
| ! * Katie Flood     | 4:11.38 | (6/29) |
| * Chelsea Orr       | 4:19.21 | (4/19) |
| Megan Goethals      | 4:20.91 | (4/7)  |
| Eleanor Fulton      | 4:22.26 | (3/24) |
| * Christine Babcock | 4:22.58 | (4/19) |
| * Mackenzie Carter  | 4:26.64 | (4/19) |
| Justine Johnson     | 4:27.53 | (4/7)  |
| Liberty Miller      | 4:27.90 | (3/24) |
| Baylee Mires        | 4:30.11 | (4/19) |
| Breanna Huschka     | 4:46.82 | (4/7)  |

| Mile (Ind)       | NCAA: 4:37.00 |        |
|------------------|---------------|--------|
| \$ @ Katie Flood | 4:28.48       | (2/11) |

|                   |         |        |
|-------------------|---------|--------|
| Chelsea Orr       | 4:39.78 | (2/11) |
| Justine Johnson   | 4:41.13 | (3/3)  |
| Christine Babcock | 4:43.54 | (3/3)  |
| Eleanor Fulton    | 4:45.85 | (3/3)  |
| Mackenzie Carter  | 4:46.44 | (2/11) |
| Erin Johnson      | 4:50.77 | (2/11) |
| Phoebe Merritt    | 5:03.08 | (3/3)  |

| 3,000 Meters (Out) |          |        |
|--------------------|----------|--------|
| Megan Goethals     | 9:31.91  | (4/28) |
| Kayla Evans        | 9:46.28  | (5/5)  |
| Phoebe Merritt     | 9:51.49  | (3/23) |
| Liberty Miller     | 9:52.25  | (4/28) |
| Chelsea Orr        | 9:52.40  | (4/28) |
| Anna Dailey        | 9:52.44  | (4/28) |
| Breanna Huschka    | 9:52.68  | (5/5)  |
| Megan Morgan       | 10:27.69 | (4/28) |

| 3,000 Meters (Ind) | NCAA: 9:10.00 |        |
|--------------------|---------------|--------|
| \$ @ Katie Flood   | 8:55.31       | (1/28) |
| @ Megan Goethals   | 9:08.42       | (2/25) |
| Christine Babcock  | 9:16.96       | (2/25) |
| Chelsea Orr        | 9:23.67       | (2/25) |
| Liberty Miller     | 9:34.82       | (2/11) |
| Breanna Huschka    | 9:53.05       | (3/3)  |

| 3,000 Meter Steeplechase (Out) |          |        |
|--------------------------------|----------|--------|
| Eleanor Fulton                 | 10:31.07 | (4/28) |
| Mackenzie Carter               | 10:39.65 | (4/7)  |

| 5,000 Meters (Out) |          |        |
|--------------------|----------|--------|
| * Megan Goethals   | 15:46.82 | (5/26) |
| Christine Babcock  | 16:29.82 | (5/13) |
| * Liberty Miller   | 16:33.00 | (4/20) |
| Chelsea Orr        | 16:37.21 | (4/7)  |
| Phoebe Merritt     | 16:47.66 | (4/20) |

| 5,000 Meters (Ind)  | NCAA: 15:57.00 |        |
|---------------------|----------------|--------|
| \$ @ Megan Goethals | 15:54.89       | (2/10) |
| Lindsay Flanagan    | 16:14.92       | (2/10) |
| Mel Lawrence        | 16:32.76       | (2/24) |
| Liberty Miller      | 16:50.21       | (2/24) |

| 10,000 Meters (Out) |          |        |
|---------------------|----------|--------|
| Liberty Miller      | 35:07.97 | (5/12) |

| 60 Meter Hurdles (Ind)   | NCAA: 8.10 |        |
|--------------------------|------------|--------|
| Naivasha Sophusson Smith | 8.90       | (3/3)  |
| Sarah Schireman          | 8.99       | (2/24) |
| Jaleecia Roland          | 9.15       | (2/24) |
| Shelby Williams          | 9.35       | (2/24) |
| Elaine Tran              | 9.63       | (2/11) |
| Skye Atchley             | 10.26      | (1/27) |

| 100 Meter Hurdles (Out)  |        |        |
|--------------------------|--------|--------|
| Sarah Schireman          | 14.35w | (5/12) |
|                          | 14.41  | (4/20) |
| Tate Latimer             | 14.46w | (5/5)  |
|                          | 14.89  | (4/7)  |
| Naivasha Sophusson Smith | 14.51  | (5/5)  |
| Shelby Williams          | 15.16  | (4/18) |

| 400 Meter Hurdles (Out) |         |        |
|-------------------------|---------|--------|
| * Kayla Stueckle        | 58.52   | (5/12) |
| Gianna Woodruff         | 1:00.81 | (4/28) |
| Skye Atchley            | 1:02.60 | (4/7)  |
| Elaine Tran             | 1:05.29 | (4/7)  |

| 4x100 Meter Relay (Out)           |       |        |
|-----------------------------------|-------|--------|
| Jacobson/Woodruff/Stueckle/Greene | 45.96 | (4/28) |
| Jacobson/Carlson/Stueckle/Greene  | 46.71 | (3/24) |

| 4x400 Meter Relay (Out)        |         |        |
|--------------------------------|---------|--------|
| Fero/Woodruff/Stueckle/Carlson | 3:43.55 | (4/28) |
| Fero/Stueckle/Woodruff/Carlson | 3:43.76 | (4/20) |
| Stueckle/Fero/Woodruff/Atchley | 3:49.59 | (4/7)  |

| 4x400 Meter Relay (Ind)        | NCAA: 3:34.00 |        |
|--------------------------------|---------------|--------|
| Fero/Woodruff/Stueckle/Carlson | 3:45.13       | (2/11) |

|                                |         |        |
|--------------------------------|---------|--------|
| Stueckle/Schmitt/Oden/Carlson  | 3:45.99 | (2/25) |
| Schmitt/Greene/Oden/Mires      | 3:52.35 | (2/11) |
| Fero/Woodruff/Carr/Oden        | 3:55.51 | (1/14) |
| Schmitt/Atchley/Before/Sonnars | 4:03.26 | (1/14) |

| Dist. Medley Relay (Ind)       | NCAA: 11:03.50 |        |
|--------------------------------|----------------|--------|
| ! \$ @ Orr/Carlson/Mires/Flood | 10:55.01       | (2/24) |
| Babcock/Carlson/Mires/Johnson  | 11:18.34       | (1/27) |

| High Jump (Out) |                |        |
|-----------------|----------------|--------|
| * Kelly McNamee | 5-8 1/2 (1.74) | (4/28) |
| Caroline Soules | 5-6 (1.68)     | (4/7)  |
| Sarah Schireman | 5-3 (1.60)     | (4/18) |
| Shelby Williams | 5-1 1/4 (1.56) | (5/5)  |

| High Jump (Ind) | NCAA: 6-0 3/4 (1.85) |        |
|-----------------|----------------------|--------|
| Caroline Soules | 5-6 (1.68)           | (1/14) |
| Kelly McNamee   | 5-4 1/4 (1.63)       | (2/25) |
| Jaleecia Roland | 5-4 1/4 (1.63)       | (1/14) |
| Sarah Schireman | 5-3 1/4 (1.61)       | (2/24) |
| Shelby Williams | 5-2 1/4 (1.58)       | (2/24) |
| Alice Verhovek  | 5-0 1/4 (1.53)       | (1/14) |
| Skye Atchley    | 4-6 3/4 (1.39)       | (1/27) |

| Pole Vault (Out)   |                 |        |
|--------------------|-----------------|--------|
| \$ * Logan Miller  | 14-4 1/2 (4.38) | (5/13) |
| * Georgia Reynolds | 13-8 1/4 (4.17) | (5/13) |
| Ashley Schnapp     | 11-7 (3.53)     | (5/5)  |
| Klarissa Wren      | 10-6 1/4 (3.21) | (4/28) |

| Pole Vault (Ind) | NCAA: 14-3 1/4 (4.35) |        |
|------------------|-----------------------|--------|
| Logan Miller     | 13-4 1/2 (4.08)       | (2/25) |
| Georgia Reynolds | 12-2 (3.71)           | (1/14) |
| Klarissa Wren    | 11-8 1/4 (3.51)       | (1/14) |

| Long Jump (Out)   |                  |        |
|-------------------|------------------|--------|
| Sarah Schireman   | 18-11 1/4 (5.77) | (4/20) |
| Shaniae Lakes     | 17-9 3/4 (5.43)  | (4/28) |
| Taylor Nichols    | 17-8 1/4 (5.39)w | (4/28) |
|                   | 17-8 (5.38)      | (4/20) |
| Alana Alexander   | 17-7 (5.36)      | (4/28) |
| Shelby Williams   | 17-5 1/4 (5.31)  | (5/6)  |
| Chloe Stiggelbout | 16-1 3/4 (4.92)  | (3/24) |

| Long Jump (Ind) | NCAA: 21-2 (6.45) |        |
|-----------------|-------------------|--------|
| Sarah Schireman | 18-2 1/2 (5.55)   | (2/11) |
| Jaleecia Roland | 17-11 1/2 (5.47)  | (1/27) |
| Shaniae Lakes   | 17-11 1/2 (5.47)  | (3/3)  |
| Shelby Williams | 17-5 1/4 (5.31)   | (1/27) |
| Alana Alexander | 17-2 1/4 (5.24)   | (3/3)  |
| Skye Atchley    | 16-5 3/4 (5.02)   | (1/27) |

| Triple Jump (Out)  |                   |        |
|--------------------|-------------------|--------|
| \$ * Shaniae Lakes | 43-3 1/4 (13.19)  | (5/13) |
| Alana Alexander    | 40-7 (12.37)      | (4/7)  |
| Taylor Nichols     | 40-3 1/2 (12.28)  | (5/13) |
| Chloe Stiggelbout  | 36-11 (11.25)w    | (4/7)  |
|                    | 36-10 1/2 (11.24) | (4/24) |

| Triple Jump (Ind) | NCAA: 43-7 3/4 (13.30) |        |
|-------------------|------------------------|--------|
| Taylor Nichols    | 40-5 (12.32)           | (2/25) |
| Shaniae Lakes     | 39-10 (12.14)          | (2/25) |
| Alana Alexander   | 38-3 1/2 (11.67)       | (1/14) |
| Chloe Stiggelbout | 36-1 1/2 (11.01)       | (1/28) |

| Shot Put (Out)  |                   |        |
|-----------------|-------------------|--------|
| Shelby Williams | 42-4 3/4 (12.92)  | (5/5)  |
| Erica Huse      | 36-10 1/2 (11.24) | (4/28) |
| Sarah Schireman | 32-11 1/4 (10.04) | (5/5)  |
| Jesse Havens    | 24-9 3/4 (7.56)   | (4/28) |

| Shot Put (Ind)  | NCAA: 56-5 1/4 (17.20) |        |
|-----------------|------------------------|--------|
| Jaleecia Roland | 42-8 (13.00)           | (1/27) |
| Shelby Williams | 39-8 (12.09)           | (2/11) |
| Sarah Schireman | 33-10 3/4 (10.33)      | (2/24) |
| Skye Atchley    | 27-3 1/4 (8.31)        | (1/27) |

| Discus (Out) |  |  |
|--------------|--|--|
|--------------|--|--|

|                 |                |        |
|-----------------|----------------|--------|
| Elisa Bryant    | 158-10 (48.41) | (4/20) |
| Erica Huse      | 125-3 (38.19)  | (4/28) |
| Shelby Williams | 121-10 (37.15) | (5/13) |

### Hammer (Out)

|                |                |        |
|----------------|----------------|--------|
| * Elisa Bryant | 193-10 (59.09) | (4/20) |
| Erica Huse     | 154-9 (47.17)  | (4/7)  |
| Jesse Havens   | 128-9 (39.25)  | (3/3)  |

### Weight (Ind)

**NCAA: 68-10 (21.00)**

|                |                  |        |
|----------------|------------------|--------|
| Elisa Bryant   | 63-4 1/4 (19.31) | (2/11) |
| Erica Huse     | 52-5 1/2 (15.99) | (2/3)  |
| Jesse Havens   | 42-3 1/4 (12.88) | (2/11) |
| Stephanie Beck | 41-2 1/4 (12.55) | (1/28) |

### Javelin (Out)

|                   |               |        |
|-------------------|---------------|--------|
| * Amanda Peterson | 160-5 (48.89) | (4/7)  |
| * Brooke Pighin   | 158-5 (48.28) | (4/28) |
| * Jordin Seekins  | 146-6 (44.65) | (4/20) |
| Ally Mueller      | 132-8 (40.45) | (5/4)  |
| Sarah Schireman   | 94-4 (28.76)  | (5/6)  |
| Shelby Williams   | 91-11 (28.01) | (5/6)  |

### Pentathlon (Ind)

**NCAA: 4,150**

|                 |       |        |
|-----------------|-------|--------|
| Sarah Schireman | 3,607 | (2/24) |
| Shelby Williams | 3,487 | (2/24) |
| Jaleecia Roland | 3,446 | (1/27) |
| Skye Atchley    | 2,954 | (1/27) |

### Heptathlon (Out)

|                 |       |         |
|-----------------|-------|---------|
| Shelby Williams | 4,875 | (5/5-6) |
| Sarah Schireman | 4,814 | (5/5-6) |

Key:

- NCAA championship meet competitors underlined
- \* NCAA Outdoor Preliminary Round participant
- @ NCAA automatic qualifying mark
- \$ Washington school record
- ! NCAA Champion
- w Wind-aided mark between 2.0-4.0 mps
- W Wind-aided mark greater than 4.0 mps

|            |                                                    |
|------------|----------------------------------------------------|
| Jan. 14    | UW Indoor Preview, Seattle                         |
| Jan. 27-28 | UW Invitational, Seattle                           |
| Feb. 3     | Vandal Indoor, Moscow, Idaho                       |
| Feb. 4     | Bronco Classic, Nampa, Idaho                       |
| Feb. 10-11 | Flotrack Husky Classic, Seattle                    |
| Feb. 12    | UW Indoor Open, Seattle                            |
| Feb. 24-25 | MPSF Championships                                 |
| Mar. 3     | UW Final Qualifier, Seattle                        |
| Mar. 9-10  | NCAA Indoor Championships, Nampa, Idaho            |
| Mar. 23-24 | USC Trojan Invitational, Los Angeles, Calif.       |
| Mar. 24    | CNW Spring Break Open, Seattle                     |
| Apr. 7     | Pepsi Team Invitational, Eugene, Ore.              |
| Apr. 7     | J.D. Shotwell Invitational, Tacoma, Wash.          |
| Apr. 19-21 | Mt. SAC Relays, Walnut, Calif.                     |
| Apr. 20-21 | Beach Invitational, Norwalk, Calif.                |
| Apr. 28    | UW-WSU Dual, Pullman, Wash.                        |
| May 5      | Oregon Twilight Meet, Eugene, Ore.                 |
| May 5-6    | Pac-12 Multi-Event Championships, Eugene, Ore.     |
| May 12-13  | Pac-12 Championships, Eugene, Ore.                 |
| May 24-26  | NCAA West Preliminary Championships, Austin, Texas |
| June 6-9   | NCAA Outdoor Championships, Des Moines, Iowa       |

# Women's Postseason Summaries

### MPSF Indoor Championships (Seattle, Wash.; Feb. 24-25)

**Team Scoring:** 1. Stanford 125; 2. Arizona 110; 3. Oregon 108.33; 4. Arizona State 68; **5. Washington 56**; 6. California 48; 7. BYU 41; 8. UCLA 35.33; 9. Utah 27.33; 10. Washington State 13; 11. Cal State Northridge 11; 11. Colorado 11; 13. Long Beach St. 9; 14. UC Irvine 0.

#### UW Scorers:

|     |                               |                       |          |
|-----|-------------------------------|-----------------------|----------|
| 1st | Orr/Carlson/Mires/Flood       | Distance Medley Relay | 10:55.01 |
| 3rd | Megan Goethals                | 3,000m                | 9:08.42  |
| 3rd | Elisa Bryant                  | Weight Throw          | 63-1 1/4 |
| 4th | Jordan Carlson                | 400m                  | 54.67    |
| 4th | Mel Lawrence                  | 5,000m                | 16:32.76 |
| 4th | Logan Miller                  | Pole Vault            | 13-4 1/2 |
| 4th | Taylor Nichols                | Triple Jump           | 40-5     |
| 5th | Lindsay Flanagan              | 5,000m                | 16:42.20 |
| 6th | Eleanor Fulton                | Mile                  | 4:46.09  |
| 6th | Shaniae Lakes                 | Triple Jump           | 39-10    |
| 8th | Justine Johnson               | Mile                  | 4:47.39  |
| 8th | Christine Babcock             | 3,000m                | 9:16.96  |
| 8th | Liberty Miller                | 5,000m                | 16:50.21 |
| 8th | Stueckle/Schmitt/Oden/Carlson | 4x400m Relay          | 3:45.99  |

### NCAA Indoor Championships (Nampa, Idaho; Mar. 9-10)

**Team Scoring (Top-25):** 1. Oregon 49; 2. Kansas 30; 3. LSU 27; 4. Texas 25; 5. Texas A&M 24; 5. Arkansas 24; 5. Clemson 24; 8. UCF 23; 9. Florida 22; 10. Iowa State 21; 11. Arizona 19; 11. BYU 19; 13. Stanford 18; 13. Southern Illinois 18; 15. California 16; 16. Georgetown 15; 16. Baylor 15; 18. Illinois State 14; 18. Ohio State 14; 20. Florida State 13; 21. Wisconsin 11; 21. Connecticut 11; 23. TCU 10; **23. Washington 10**; 23. Michigan State 10; 23. Oklahoma 10; 23. Stony Brook 10.

#### UW Participants:

|      |                          |                       |          |
|------|--------------------------|-----------------------|----------|
| 1st  | Orr/Carlson/Mires/Flood* | Distance Medley Relay | 11:05.20 |
| 9th  | Katie Flood**            | 3,000m                | 9:19.69  |
| 9th  | Megan Goethals**         | 5,000m                | 16:12.89 |
| 11th | Megan Goethals**         | 3,000m                | 9:24.68  |

\* Earned All-America First Team honors    \*\* Earned All-America Second Team honors

### Pac-12 Championships (Eugene, Ore.; May 12-13)

**Team Scoring:** 1. Oregon 200.50; 2. Stanford 123.50; 3. Arizona 94.50; 4. USC 91; 5. Arizona State 85; 6. Washington 54; 7. Colorado 49; 8. UCLA 47.50; 9. Washington St. 27; 10. Utah 21; 10. California 21; 12. Oregon State 3

#### UW Scorers:

|     |                                   |              |          |
|-----|-----------------------------------|--------------|----------|
| 2nd | Katie Flood                       | 1,500m       | 4:13.80  |
| 2nd | Logan Miller                      | Pole Vault   | 14-4 1/2 |
| 2nd | Shaniae Lakes                     | Triple Jump  | 43-3 1/4 |
| 3rd | Jordan Carlson                    | 400m         | 53.03    |
| 3rd | Megan Goethals                    | 5,000m       | 16:19.00 |
| 5th | Amanda Peterson                   | Javelin      | 156-1    |
| 6th | Kayla Stueckle                    | 400m Hurdles | 58.83    |
| 6th | Brooke Pighin                     | Javelin      | 154-10   |
| 7th | Christine Babcock                 | 5,000m       | 16:29.82 |
| 7th | Liberty Miller                    | 10,000m      | 35:07.97 |
| 7th | Kelly McNamee                     | High Jump    | 5-6 1/2  |
| 8th | Chelsea Orr                       | 1,500m       | 4:23.34  |
| 8th | Jacobson/Woodruff/Stueckle/Greene | 4x100m Relay | 46.13    |

### NCAA West Preliminary Championships (Austin, Texas; May 24-26)

#### UW Participants:

|            |                   |              |                               |
|------------|-------------------|--------------|-------------------------------|
| 1st        | Megan Goethals*   | 5,000m       | 15:46.82                      |
| 1st (tie)  | Logan Miller*     | Pole Vault   | 13-8 1/4                      |
| 4th        | Katie Flood*      | 1,500m       | 4:17.05                       |
| 9th (tie)  | Georgia Reynolds* | Pole Vault   | 13-8 1/4                      |
| 13th       | Jordan Carlson    | 400m         | 53.34                         |
| 14th       | Christine Babcock | 1,500m       | 4:25.62                       |
| 15th       | Liberty Miller    | 5,000m       | 16:52.17                      |
| 18th       | Chelsea Orr       | 1,500m       | 4:31.06 (4:25.18 first round) |
| 18th       | Brooke Pighin     | Javelin      | 152-0                         |
| 24th       | Shaniae Lakes     | Triple Jump  | 40-11 1/2                     |
| 24th       | Amanda Peterson   | Javelin      | 144-7                         |
| 26th       | Kayla Stueckle    | 400m Hurdles | 1:00.29 (58.84 first round)   |
| 39th (tie) | Kelly McNamee     | High Jump    | 5-5 1/4                       |
| 42nd       | Mackenzie Carter  | 1,500m       | 4:44.22                       |
| 45th       | Elisa Bryant      | Hammer       | 174-0                         |
| 47th       | Jordin Seekins    | Javelin      | 118-4                         |

\* Advanced to NCAA Championships final site

### NCAA Outdoor Championships (Des Moines, Iowa; June 6-9)

**Team Scoring (Top-25):** 1. LSU 76; 2. Oregon 62; 3. Texas A&M 38; 4. Clemson 28; 4. Kansas 28; 6. Stanford 25; 7. Oklahoma 24; **8. Washington 23**; 9. San Diego State 21; 9. Tennessee 21; 11. Texas 20; 12. Florida 18; 12. SMU 18; 14. Southern Illinois 16; 14. Florida State 16; 14. Colorado 16; 14. Illinois State 16; 14. Dartmouth 16; 19. Arizona 15; 19. UCF 15; 21. UCLA 14; 21. Georgia 14; 21. Ohio State 14; 24. Arizona State 13; 24. USC 13; 24. Arkansas 13; 24. Auburn 13.

#### UW Participants:

|     |                     |            |          |
|-----|---------------------|------------|----------|
| 1st | Katie Flood*        | 1,500m     | 4:13.79  |
| 2nd | Megan Goethals*     | 5,000m     | 16:11.37 |
| 4th | Logan Miller*       | Pole Vault | 14-3 1/4 |
| --  | Georgia Reynolds*** | Pole Vault | NH       |

\* Earned All-America First Team honors    \*\*\* Earned All-America Honorable Mention